



seasons

golf • leisure • spa

Spa Menu

Nestled amidst the majestic Magaliesburg Mountains, and just a short drive from Johannesburg or Pretoria, lies the luxurious Seasons Spa.

Escape from the hustle of the city and step into an oasis of calm, where the natural tranquillity of nature meets luxury with a wide variety of Spa treatments that cater for your every need.

Restore the healthy glow of your body with our transformative Cocoon Wraps or engage all your senses and restore balance to your mind, body and spirit with our Aromatherapy Massages

Looking to take some time out to relax and bond with your partner or have a girl's getaway, our Spa packages have been tailored to give our guests the ultimate Spa experience that indulges, revitalises, and rejuvenates even the most discerning of guests.

Enjoy a delicious spa lunch at the tranquil Spa pool deck or take a dip to refresh in our Hydro facilities.

Spoil yourself now with an indulgent pampering and ultimate top to toe experience.



Spa Packages

SEASONS COUPLE RETREAT | 2 ½ HOUR PACKAGE | R2220 PER COUPLE

Be pampered with a 45 minute Hot Stone Back, Neck and Shoulder Massage, Classic Pedicure and Luxurious Rasul Treatment. Relax by the Tranquil Hydro Pool facilities and enjoy a Delicious Spa Lunch

SEASONS SPOIL ME PACKAGE | 2 ½ HOUR PACKAGE | R1360 PER PERSON

Be spoiled with a 45 minute Skin Specific Signature Facial with a 60 minute Mineral Rich Clay and Oil Body Wrap and 45 minute Hot Stone Back, Neck and Shoulders Massage. Includes Access to the Tranquil Hydro Pool Facilities.

COUPLES RECHARGE PACKAGE | 1 HOUR PACKAGE | R1680 PER COUPLE

60min Swedish Full Body Massage
Vegetarian or Meaty Platter for Two & a Bottle of Bubbly
Includes 1 Hour Access to Tranquil Hydro Pool Facilities
Valid Monday-Wednesday only

SEASONS DELUXE LOVERS PACKAGE | 3 HOUR PACKAGE | R1850 PER PERSON

An invigorating Body Polish with a 90 min Full Body Hot Stone Couples Massage followed by a Classic Pedicure. Enjoy a romantic lunch on the Spa Deck with Access to the Tranquil Hydro Pool Facilities

SEASONS STRESS RELIEF PACKAGE | 1 ½ HOUR PACKAGE | R1200 PER PERSON

An invigorating Back Exfoliation followed by a Hot Stone Back, Neck and Shoulder Massage, with a Seasons Scalp Massage. Includes Access to the Tranquil Hydro Pool Facilities.

SEASONS ULTIMATE RETREAT | FULL DAY PACKAGE | R2300 PER PERSON

A Luxurious Rasul Treatment with exfoliator scrubs and body mask to refresh and renew the skin. Be pampered with a Deluxe Hot Stone Pedicure followed by a 60-minute Swedish Full Body Massage and a Skin Specific Facial. Enjoy access to our Tranquil Spa Pool Facilities and a delicious Spa Lunch on the pool deck.

SEASONS BREAKAWAY PACKAGE | HALF DAY PACKAGE | R1999 PER PERSON

Enjoy a relaxing 60 min Aromatherapy Full Body Massage followed by a Skin Specific Facial and Deluxe Hot Stone Pedicure with Paraffin Dip. Enjoy a Delicious Spa Lunch on the beautiful Spa Pool Deck.



SEASONS GROUP PACKAGES

RELAXATION GROUP SPA PACKAGE

1 ½ Hours | R960 per person

Only applicable to group bookings of 4+ Guests

PAMPER TIME SPA PACKAGE

3 Hours | R1260 per person

Only applicable to group bookings of 4+ Guests

TRANQUILLITY GROUP SPA PACKAGE

3 ½ Hours | R1510 per person

Only applicable to group bookings of 4+ Guests

Welcome Drink

30 Minute Hot Stone Back, Neck
and Shoulder Massage

15 Minute Scalp Massage

45 Minute Honeybush Facial

Access to the Tranquil Hydro
Facilities

Welcome Drink

Luxurious Rasul Treatment

60 Minute Hot Stone Full Body Massage

60 Minute Classic Pedicure with Paraffin

Dip A Delicious Spa Lunch on the Spa Pool
Deck with Access to the Tranquil Hydro
Facilities

Welcome Drink

60 Minute Botanical Cocoon Wrap

60 Minute Full Body Aromatherapy

Massage 30 Minute Honeybush Facial

60 Minute Deluxe Pedicure

A Delicious Spa Lunch on the Spa Pool Deck
with Access to the Tranquil Hydro Facilities

Specialized Spa Facilities

SEASONS RASUL EXPERIENCE | R400 PER PERSON

A Luxurious 45 Minute ancient Arabian inspired cleansing treatment that combines the health enhancing properties of heat, steam, and mud for a totally relaxing, rejuvenating and skin conditioning treatment in a magical and sensory private environment with twinkling lights and aromatic fragrances.

SEASONS ESCAPE PACKAGE | R640 PER PERSON

Refresh and Renew your Skin with the ultimate Rasul Experience, using gentle exfoliations with Steam and Rain Showers at different intervals to allow for deep absorption of the Clay Body Mask followed by Body Butter to leave your skin Soft and Supple and you ultimately relaxed. Enjoy a glass of Sparkling Wine and Delicious Spa Lunch on the Pool deck and access to the Tranquil Hydro Facilities.

SPA AND HYDRO POOL ACCESS

Hourly Rate: R100 (Midweek) R120(Weekend)

Daily Rate: R300(Midweek) R320(Weekend)

*Includes access to the Indoor Lap Pool, Kniepp
Therapy Pools and Outdoor Pools*





Body Treatments

Full Body Exfoliation

AFRICAN COFFEE OIL BUFF

45 MIN

MON - FRI SAT - SUN

R460

R510

An invigorating treatment using antioxidant rich African Coffee grounds to gently exfoliate the skin, leaving it firmer and smoother.

DESERT SALT AND SAND BUFF

45 MIN

R460

R510

A heavenly treatment using natural mineral- rich Kalahari salt crystals to buff away dry and dull skin, leaving the skin supple, invigorated, and silky smooth, while also increasing the Body's natural detoxification processes.

Cocoon Body Wrap

DESERT SALT AND OIL WRAP

60 MIN

MON - FRI SAT - SUN

R640

R699

Sink into deep relaxation with this unique cocoon wrap, using natural mineral- rich Kalahari salt crystals to buff away dry and dull skin in a full body exfoliation and rich antioxidant body mask infused with extracts from Red Bush Tea to leave your skin soft, supple, and glowing.

BOTANICAL AFRICAN COFFEE WRAP

60 MIN

R640

R699

Refresh and unwind using Botanical Oils in a unique combination with African Coffee to stimulate the body's blood circulation and buff away dry and dull skin, while the antioxidant rich body mask leaves your skin feeling richly nourished and moisturized. Unveiling lustrously smooth and glowing skin.



BODY MESSAGES

BACK, NECK AND SHOULDERS	MON - FRI	SAT - SUN
30 Minutes	R480	R510
45 Minutes	R540	R580

FOOT MESSAGES		
30 Minutes	R465	R495
45 Minutes	R515	R560

SWEDISH FULL BODY		
60 Minutes	R680	R710
90 Minutes	R810	R880

DEEP TISSUE FULL BODY	MON - FRI	SAT - SUN
60 Minutes	R820	R880
90 Minutes	R880	R915

AROMATHERAPY FULL BODY		
60 Minutes	R760	R800
90 Minutes	R860	R910

HOT STONES FULL BODY		
60 Minutes	R880	R910
90 Minutes	R980	R990

MESSAGE ADD ON	MON - FRI	SAT-SUN
Localized Hot Stones	R135	R155
Seasons Lymphatic Drainage	R155	R165
Seasons Reflexology (15 min)	R155	R165

*Please note unless stated add on treatments
do not add treatment time*



SkinCare SIX®

ENERGIZING SKIN TREATMENT 30 MIN MON - FRI SAT - SUN

R410 R470

An efficient express treatment that will be tailored to your specific needs. This is a great booster treatment or mini deep cleanse to add with other treatments and will rejuvenate, revitalize and refresh the skin.

DOUBLE EXFOLIATING SKIN TREATMENT 45 MIN R490 R520

This treatment will couple an Energizing express skin treatment with a choice of 3 spa rituals to provide a truly indulgent experience. choose from a back, foot or Indian head massage ritual.

REJUVENATING SKIN TREATMENT 60 MIN R700 R760

This classic facial treatment will provide you with a unique sensorial experience as well as a thorough anti-ageing treatment. It restores the natural luminosity to your complexion and revitalizes tired, dull skin whilst smoothing out expression lines and wrinkles using professional massage and extraction techniques coupled with the advanced firming and rejuvenating ingredients to aid in nourishment, protection and maintenance of your skin and to stimulate production of collagen and elastin.

INTELLIGENT SKIN TREATMENT 90 MIN R890 R1010

For the ultimate in relaxation and pampering experience this treatment combines an indulgent hot oil back massage and herbal compress treatment with a rejuvenating, revitalizing facial that includes a double exfoliation, hand treatment and a heavenly signature facial massage.

MEN'S ULTIMATE SKIN JOURNEY 60 MIN R720 R770

Deep cleansing facial designed for men to gently remove impurities and restores balance to the skin, leaving the skin with a smooth complexion and radiating

ADD ON:	MON - FRI	SAT - SUN
Skin Specific Peel off Mask	R220	R240
Anti- Wrinkle Eye Treatment	R220	R240

HONEYBUSH FACIAL

30 MIN

MON - FRI

SAT - SUN

A deeply nourishing treatment that includes natural plant extracts and rich botanical oils, leaving the skin hydrated, supple and rejuvenated.

R390

R420

LIPID RICH SKIN TREATMENT

45 MIN

R440

R480

A botanical oil treatment rich in essential fatty acids and natural lipids from African shea butter and jojoba oil, that ultra-hydrate the skin and restores the natural skin barrier. Leaves the skin ultra- hydrated and deeply moisturised to bring back the life to dry and dull skin.

VITAMIN C SKIN TREATMENT

60 MIN

R550

R590

This is an ultra-firming, de-aging treatment rich in natural, organic Vitamin C and essential antioxidants. Extracted directly from the African Baobab fruit, the Vitamin C boosts Collagen and elastin regeneration, making your skin appear visibly firmed, brightened, and tightened.

VITA-GEL SKIN TREATMENT

60 MIN

R570

R600

The Vita-gel Skin Treatment is a highly effective treatments that revitalises and rejuvenates the skin. The effective combination of alpha hydroxy acids, peptides and moisture-binding ingredients will leave the skin visibly retexturized, revitalized and radiant.

PHYTIC CLAY MASK SKIN TREATMENT

60 MIN

R610

R660

The Phytic Clay Treatment is a pro-active treatment containing Mandelic, glycolic Acid and phytic acid derived from soybean extract and effectively targets hyperpigmentation, de-aging, and rejuvenation of the skin, leaving the skin visibly brightened and rejuvenated.

ADD ON:

Collagen Eye Patches | R95

Photon Light Mask | R195

Collagen Gel Face Mask | R215

Alginate Face Mask | R105





Mommy Spoils

PACKAGES

A MOMENT FOR MOMMY

2 HOURS

R1050

Be pampered with a 60 Minute Mommy Glow Full Body Exfoliation followed by a 60 Minute Mommy Full Body Massage. Includes Access to the Tranquil Hydro Facilities and Welcome Drink.

MOMMY TO BE

3 HOURS

R1260

Be Spoiled with a 60 Minute Belly and Me Cocoon Wrap followed by a 60 Minute Mommy Full Body Massage and Peggie Pedi. Includes Access to the Tranquil Hydro Facilities and Welcome Drink.

TREATMENT

A MOMMY GLOW

45 MIN

R540

A luxurious, vigorous exfoliation of the full body using aromatherapy infused sweet almond oil. The aroma will carry your mind off to relaxation and rejuvenation whilst your body is exfoliated leaving a light trace of oil on the skin, resulting in nourished, repaired and silky-smooth skin.

BELLY & ME COCOON WRAP

60 MIN

R650

A very special peel off wrap enriched with spirulina with a high protein content to protect the skin elastin and collagen and ginkgo biloba to soothe and protect the skin! Feel light and toned with the cooling effect of the menthol leaving your belly and bum refreshed. No mess or fuss with this easy to apply gel wrap that sets in 15 minutes and peels off easily leaving no trace, revealing a subtle fragrance of pink grapefruit.

PREGGIE PEDI

60 MIN

R420

Lighten your load and energize your hard-working feet and legs with this essential pedicure consisting of a softening and re-mineralising foot soak, circulation enhancing scrub, cuticle care, toenail file and buff, anti-stress and water retention busting mask, completed with a combination of a cooling gel pressure point drainage massage and complete comfort and relaxation warming massage of feet and legs. Finishing off with the perfect polish!

MOMMY MASSAGE

60 MIN

R690

This Hawaiian inspired relaxing full body massage combines free flowing massage techniques combined with breathing and stretching to assist in easing anxiety, decreasing back and leg pain associated with pregnancy and improve sleep. Our unique blend of oils will nourish and protect the skin whilst calming and relaxing the mind and body. Belly comfort, back support and light legs is priority in this unique massage.

Hands & Feet

MON - FRI SAT - SUN

Classic Manicure (45 Min) R360 R410
Hand Soak, Scrub, Cuticle Work
and Hand Massage

Classic Pedicure (60 min) R370 R410
Foot Soak, Scrub, Cuticle Work
and Foot Massage

Deluxe Spa Manicure (60 Min) R415 R495
Hand Soak, Scrub, Cuticle Work
with Morgan Taylor Nail polish
and Hot Stone Hand Massage

Deluxe Spa Pedicure (90 Min) R480 R510
Foot Soak, Scrub, Cuticle Work
with Morgan Taylor Nail polish
and Hot Stone Foot Massage

ADD ON: MON - FRI SAT - SUN

Nail Polish Add On R145 R175
Gel Polish Add On R185 R205
Gel Soak Off Gel R170 R190
Soak Off with R90 R120
Re-Application
Paraffin Dip R205 R235
Foot Peel R245 R270

Gel Application

Hands R250
Feet R250
Gelish Combo R450

Grooming

Tinting

Eyelash Tint R100
Eyebrow Tint R100
Lash and Brow Tint R185

Waxing

Eyebrow R90
Upperlip R80
Chin R90
Cheek R90
Underarm R110
Half Arm R160
Full Arm R190
Chest R210
Back R210
Bikini R180
Brazilian R260
Half Leg R180
Full Leg R270
Hollywood R350



Spa Etiquette & Policies

SPA ETIQUETTE AND POLICY'S

Booking in advance is recommended.

Pensioners get 30% off Spa Treatments.

Children undergoing treatment must be accompanied by an adult at all times.

No under 16's allowed to make use of Hydro pools.

Kindly arrive at least 15 minutes prior to your scheduled treatment/s to allow time for you to change.

If you are new to our Spa you will also be required to complete our Pre-Consultation form.

Ensure cellular/mobile phones are switched off during treatments.

Swimming costume must be worn when using Hydro Pool Facilities.

All prices are subject to change without prior notice.

Products purchased are not refundable.

OPERATING HOURS:

Sunday-Thursday: 08h00-19h00

Friday-Saturday: 08h00-20h00

Public Holidays: 08h00-19h00

CONTACT DETAILS:

Contact Numbers: 082 774 4856 / 010 300 8788

Email: spabookings@seasonsspa.co.za

Website: www.seasonsspa.co.za

CANCELLATIONS & LATE ARRIVALS

Seasons Spa reserves the right to charge a 100% cancellation fee should an appointment be cancelled or No- Shows.

Should an appointment need to be rescheduled, we require 48 hours' notice.

Please be advised that we require full payment to secure and guarantee your booking.

Payments must reflect in our account 24 hours before your treatment date or bookings will be released

INDEMNITY

Right of admission is reserved. We reserve the right to deny access to any person we deem to be acting in an inappropriate or unsafe manner. Treatments and the use of Seasons Spa facilities are at the client's own risk. Seasons Spa will not be held liable for any adverse reactions during or after treatment, or any other injury suffered on the premises. Seasons Spa will not be held liable for the loss or damage to any property of the client.

Valid Until February 2026

